

Mental Health & Substance Use Disorder Resources

Amesbury Psychological Center

Mental health and substance use disorder services

24 Morrill Place

Amesbury MA 01913

978-388-5700 | <http://www.amesburypsychological.com>

Link House, Inc.

Residential and outpatient substance use services

110 Haverhill Road

Building B, Suite 206

Amesbury MA 01913

978-462-0787 | <https://linkhouseinc.org/>

Baldpate

Medically assisted detox from alcohol in drugs

83 Baldpate Road

Georgetown MA 01833

978-352-2131 | <http://www.detoxma.com/>

Veterans Northeast Outreach Center, Inc.

Personal, family, and group counseling; crisis intervention.

10 Reed Street

Haverhill MA 01832

978-372-3632 | <https://vneoc.org/>

Spectrum Health Systems, Inc.

Inpatient detoxification, residential rehabilitation, medication-assisted treatment, outpatient counseling and peer recovery support.

100 Plaistow Road

Haverhill MA 01830

978-373-4985 | <https://www.spectrumhealthsystems.org/>

Blueskies Wellness Inc.

Adult, adolescent, and child mental health counseling.

232 Pleasant Street

Methuen MA 01844

978-655-1823 | <https://blueskieswellnessinc.org/>

Northeast Behavioral Health

Individual and group therapy for mental health and substance use issues

199 Rosewood Drive, Suite 250

Danvers, MA 01923

978.968.1700 | <http://www.nebhealth.org/>

Family Continuity

Outpatient Mental Health Clinics, Children's Behavioral Health Services, Integrated Care, and Substance Use Services

360 Merrimack Street Building 9, 3rd Floor

Lawrence MA 01843

866-219-3320 | <https://www.familycontinuity.org/>

Tri-Town Council

Parenting programs, professional development, and youth programming

7 Grove Street Unit 202

Topsfield MA 01983

978-771-4619 | <https://www.tritowncouncil.org/programs>

Anna Jacques Hospital

Bereavement, health related, mental health, parent, and pregnancy/childbirth support groups.

25 Highland Avenue

Newburyport MA 01950

978-463-1000 | <https://www.ajh.org/>

FOOD RESOURCES

Our Neighbors Table

Free grocery market, emergency food assistance, and weekly Wednesday night meals

145 Main Street

Amesbury MA 01913

978-835-3016 | <https://www.ourneighborstable.org/>

Newburyport Society for the Relief of Aged Women

Financial assistance and food assistance for residents over 60

Newburyport MA 01950

nsraw1835@gmail.com | <https://nsraw.org/>

West Newbury Council on Aging / Senior Center

Congregate meals, nutrition sites, home delivered meals, senior ride programs, benefit assistance

381 Main Street

West Newbury MA 01985

978-363-1104 | <https://www.wnewbury.org/council-aging-senior-center>

Merrimac Council on Aging / Merrimac Senior Center

Congregate meals, nutrition sites, home delivered meals, senior ride programs, benefit assistance

100 East Main Street

Merrimac MA 01860

978-346-9549 |

<http://www.merrimac01860.info/184/Senior-Center>

Newburyport Council on Aging

Congregate meals, nutrition sites, home delivered meals, senior ride programs, benefit assistance information and referral.

40 Water Street

Newburyport MA 01950

978-462-8650 | <https://www.cityofnewburyport.com/>

Community Service of Newburyport, Inc.

Provides food pantry and a multi-service center; up to 10 food items per week

35 Summer Street

Newburyport MA 01950

978-465-7562 |

<https://www.communityserviceofnewburyport.com/>

Salvation Army of Massachusetts - Food Pantry - Newburyport Corps Community Center

Hot evening meals; food pantry

40 Water Street

Newburyport MA 01950

978-465-0883 | <https://massachusetts.salvationarmy.org/>

Community Action, Inc. - Amesbury Center

Food pantry and holiday meals

44 Friend Street

Amesbury MA 01913

978-388-2570 | <https://www.communityactioninc.org/>

Amesbury Council on Aging

Nutrition services and Brown Bag Meal program for seniors.

68 Elm Street

Amesbury MA 01913

978-388-8138 | <https://www.amesburyma.gov/>

Saint Paul's Church Among Friends Meal Program

Prepared lunch and dinner meals

166 High St.

Newburyport MA 01950

(978) 465-5351 | <https://www.stpauls-nbpt.org/community-groups/>

Sexual and Domestic Violence Resources

Jeanne Geiger Crisis Center

24 hour hotline, counseling and support groups, legal advocacy, children's services, domestic violence shelters,

5 Market Square Suite 109

Amesbury MA 01913

978-388-1888 | <https://jeannegeigercrisiscenter.org/>

YWCA of Haverhill

Child care and domestic violence support services and support groups

107 Winter Street

Haverhill

MA 01832

978-374-6121 | <https://ywcanema.org>

Supportive Care, Inc.

Domestic Violence Support Groups, Self-Esteem Groups, Advocacy, Pro-Bono Legal Services, and Housing Referrals.

15 Union St # 410

Lawrence MA 01840

877-785-2020 | <http://www.supportivecaredv.org/>

TRANSPORTATION RESOURCES

Northern Essex Elder Transport

Volunteer rides for elders to medical appointments, essential shopping, and social interactions

100 Main Street

Amesbury MA 01913

978-388-7474 | <https://www.driveforneet.org/>

Pettengill House

Transportation services

21 Water Street, Suite 4A

Amesbury, MA 01913

978-463-8801 | <https://pettengillhouse.org/home.aspx>

Merrimack Valley Regional Transit Authority - ADA EZ Trans

Transportation for disabled individuals

85 Railroad Avenue

Haverhill MA 01835

978-469-6878 | <https://www.mvrta.com/special-services/ez-trans/>

Department of Developmental Services

Disability-related transportation.

280 Merrimack Street 3rd Floor

Lawrence MA 01843

978-521-9432 | <https://www.mass.gov/orgs/department-of-developmental-services>

Income Assistance, Work, Education Resources

Northern Essex Community College

Classroom instruction in reading, writing, mathematics, basic computer skills, English, Workplace Education classes, and a Transition to College program, General Education Diploma (GED) program, adult basic education

220 Main St

Amesbury MA 01913

978-659-1284 |

<https://www.necc.mass.edu/learn/innovative-programs/academic-preparation/adult-education/>

Pettengill House

Financial assistance with housing, utility, medical, transportation; School Linked Services and educational support for children.

21 Water Street, Suite 4A

Amesbury, MA 01913

978-463-8801 | <https://pettingillhouse.org/home.aspx>

Community Service of Newburyport

Economic assistance

31 Green Street

Newburyport MA 01950

978-465-7562 |

<https://www.communityserviceofnewburyport.com/>

MassHire – Merrimack Valley Career Center

Job search services

671 Kenoza Street Room 105

Haverhill MA 01830

978-241-4730 | <https://masshiremvcc.com/>

Community Action, Inc.

Adult education classes to prepare students for the HiSET exams to earn their High School Equivalency Diploma, learn English; Career Pathways and Financial Literacy training.

3 Washington Square 3rd Floor

Haverhill MA 01830

978-373-1971 | <https://www.communityactioninc.org/>

Lawrence Community Works

Adult Basic Education, English, GED, Education and Workforce Training, Asset Building, Homeownership, and Financial Opportunity programs.

168 Newbury Street

Lawrence MA 01841

978-685-3115 |

<https://www.lawrencecommunityworks.org/site/>

Veterans Northeast Outreach Center, Inc.

Employment & training referrals

10 Reed Street

Haverhill MA 01830

978-521-9668 | <https://vneoc.org/>

Emmaus, Inc. - The D'Youville Center for Social Justice

Career and housing services; resume and cover letter writing, job search, interview preparation

127 How Street

Haverhill MA 01830

978-241-3400 | <https://emmausinc.org/what-we-do/community-engagement/>

UTILITIES & HOUSING RESOURCES

Salvation Army of Massachusetts

Heating fuel, electric and gas bill payment assistance.
40 Water Street
Newburyport MA 01950
978-465-0883 | <https://massachusetts.salvationarmy.org/>

Newburyport Society for the Relief of Aged Women

Financial assistance with utilities, home repair, rent, and moving expenses
PO Box 787
Newburyport MA 01950
nsraw1835@gmail.com | <https://nsraw.org/>

Community Action, Inc.

Mortgage, rent, and utilities payment assistance.
44 Friend Street
Amesbury MA 01913
978-388-2570 | <https://www.communityactioninc.org/>

Amesbury Housing Authority

Subsidized housing
180 Main Street
Amesbury MA 01913
978-388-2022 |
<https://www.amesburyma.gov/amesbury-housing-authority>

Merrimac Housing Authority

Subsidized housing
52 Merrimac Village
Merrimac MA 01860
978-388-2022 |
<http://www.merrimac01860.info/401/Merrimac-Housing-Authority>

Town of Salisbury – Community Block Grant Program

Subsidized housing
5 Beach Road
Salisbury MA 01952
(978) 463-2263 | <https://www.salisburyma.gov/town-clerk>

Newburyport Housing Authority

Subsidized housing
25 Temple Street
Newburyport MA 01950
978-465-7216 |
<https://www.cityofnewburyport.com/housing-authority-0>

Pettengill House

Emergency shelter, utility assistance, rental assistance.
21 Water Street, Suite 4A
Amesbury, MA 01913
978-463-8801 | <https://pettengillhouse.org/home.aspx>

Haverhill Housing & Community

Development

Emergency rental assistance program.
4 Summer Street
Haverhill MA 01830
(978) 374-2344 |
<https://www.cityofhaverhill.com/departments/community-development/block-grant.php>