

Mental Health & SUD

Tri-Town Council

Parenting programs and youth programming for grades K-12; 24/7 counseling hotline.

7 Grove Street Unit 202

Topsfield MA 01983

978-887-6512 |

<https://www.tritowncouncil.org/programs>

Northeast Behavioral Health

Individual and group therapy for mental health and substance use; addiction treatment; family services; home and school-based programs for children and teens.

199 Rosewood Drive, Suite 250

Danvers, MA 01923

978.968.1700 | <http://www.nebhealth.org/>

Baldpate

Medically assisted detox from alcohol and drugs

83 Baldpate Road

Georgetown MA 01833

978-352-2131 | <http://www.detoxma.com/>

Catholic Charitable Bureau of the Archdiocese of Boston, Inc.

Substance use disorder treatment; anger management and impulse control; mental health services; family and marital conflicts; parenting issues; child and adolescent counseling; school conflicts and behavior problems.

60 Prospect Street

Gloucester MA 01930

978-283-3055 | <https://www.ccab.org/>

Anna Jacques Hospital

Bereavement, mental health, parent, and pregnancy/childbirth support groups.

25 Highland Avenue

Newburyport MA 01950

978-463-1000 | <https://www.ajh.org/>

Beverly Hospital Leland Unit

Adult psychiatric inpatient units, general counseling services, partial hospitalization, detoxification and psychiatric day treatment.

85 Herrick Street

Beverly MA 01915

978-922-3000 |

<https://www.beverlyhospital.org/locations--services/health-services/behavioral-healthmental-health/psychiatric-evaluation--treatment-programs>

North Shore Community Health

Gloucester Family Health Center

Mental health and substance use disorder treatment.

302 Washington Street

Gloucester MA 01930

(978) 282-8899 | <https://www.nsch.org/>

Northshore Veterans Counseling Services, Inc.

PTSD support, anger management, substance abuse counseling, and relapse prevention.

9 Park St Beverly MA 01915

978-921-4851 | <http://www.northshoreveterans.com/>

National Alliance on Mental Illness (NAMI) of Massachusetts

Support programs

43 Gloucester Avenue Room 2A

Gloucester MA 01930

978-281-1557 | <https://namicapeann.org/>

Link House, Inc.

Residential and outpatient substance use services

110 Haverhill Road

Building B, Suite 206

Amesbury MA 01913

978-462-0787 | <https://linkhouseinc.org/>

FOOD RESOURCES

Rowley Council on Aging

Congregate meals, nutrition sites, and home delivered meals.

39 Central Street
Rowley MA 01969
978-948-7637 | <https://www.townofrowley.net/council-aging>

Hamilton Council on Aging

Offers Senior congregate dining program and home delivery Meals on Wheels program

299 Bay Road
Hamilton MA 01936
978-468-5595 | <https://www.hamiltonma.gov/government/council-on-aging/>

Essex Council on Aging

Senior congregate meals, home delivery Meals on Wheels program, and mobile food market.

17 Pickering Street
Essex MA 01929
978-768-7932 | <https://www.essexma.org/essex-senior-center-council-aging>

The Open Door

Free, three-to-five-day supplies of emergency groceries

28 Emerson Avenue
Ipswich MA 01938
978-283-6776 | <https://www.foodpantry.org/>

Ipswich Council on Aging

Mobile Market program for free produce and groceries

25 Green Street
Ipswich MA 01938
978-356-6650 | <https://www.ipswichma.gov/335/Council-on-Aging>

Acord Food Pantry

Weekly food distributions, holiday meal programs, school vacation lunch bags, nutrition education and outreach, and emergency meal assistance.

69 Willow Street
P.O. Box 2203
South Hamilton MA 01982
978-468-7424 | <https://www.acordfoodpantry.org/>

Beverly Council on Aging

Offers Meals on Wheels program.

90 Colon Street
Beverly MA 01915
978-921-6017 | <https://www.beverlyma.gov/177/Services-Activities>

Manchester-by-the-Sea Council on Aging

Congregate meals, nutrition sites, and home delivered meals.

10 Central Street
Manchester MA 01944
978-921-6017 | <http://www.manchester.ma.us/371/Council-On-Aging>

Topsfield Council on Aging

Congregate and home delivered meals.

8 West Common Street
Topsfield MA 01983
978-887-6866 | <https://www.topsfield-ma.gov/council-aging>

Beverly Bootstraps

Mobile market, community meals, grab n' go backs, delivery to low-income seniors, and kids food programs.

35 Park Street
Beverly MA 01915
978-927-1561 | <http://www.beverlybootstraps.org/what-we-do/food-assistance/>

Sexual and Domestic Violence Resources

Healing Abuse Working for Change

24-hour hotline; short term shelter; legal advocacy; trauma treatment, safety planning, and advocacy

5 Pleasant Street

Gloucester MA 01930

800-547-1649 | <https://hawcdv.org/get-help-now/services/>

Jeanne Geiger Crisis Center

24 hour hotline, counseling and support groups, legal advocacy, children's services

2 Harris Street

Newburyport MA 01950

978-388-1888 | <https://jeannegeigercrisiscenter.org/>

Transportation Resources

Cape Ann Transportation Authority Dial-a-Ride

Transport with 24-hour advance notice for individuals over 60 or with a disability.

3 Rear Pond Road

Gloucester MA 01930

978-283-7278 | <http://www.camntran.com/services.cfm>

Merrimack Valley Regional Transit Authority - ADA EZ Trans

Transportation for disabled individuals

85 Railroad Avenue

Haverhill MA 01835

978-469-6878 | <https://www.mvrta.com/special-services/ez-trans/>

Northern Essex Elder Transport

Volunteer transportation for elders to medical appointments, essential shopping and social interaction.

100 Main Street

Amesbury MA 01913

978-388-7474 | <https://www.driveforneet.org/>

Department of Developmental Services

Disability-related transportation.

100 Cummings Center Suite 419 E

Beverly MA 01915

978-927-2727 | <https://www.mass.gov/orgs/departement-of-developmental-services>

Pettengill House

Transportation services

21 Water Street, Suite 4A

Amesbury, MA 01913

978-463-8801 | <https://pettingillhouse.org/home.aspx>

Income Assistance, Work, Education Resources

Beverly Bootstraps

Offers Adult and Youth Education programs to address food insecurity, financial instability and shortfalls in education and job skills.

35 Park Street

Beverly MA 01915

978-927-1561 | <https://www.beverlybootstraps.org/>

Wellspring

Adult Education programs, English, college and career readiness; career education and mentoring.

302 Essex Avenue

Gloucester MA 01930

978-281-3558 | <https://www.wellspringhouse.org/>

MassHire North Shore Career Center

Job listings, job matching, referral to educational opportunities and job training programs; youth career center

70 Washington Street

Salem MA 01970

978-825-7200 | <https://masshire-nscareers.org/>

Catholic Charitable Bureau of the Archdiocese of Boston, Inc.

Adult and Youth Education programs; English; GED prep

60 Prospect Street

Gloucester MA 01930

978-283-3055 | <https://www.ccab.org/>

North Shore Educational Opportunity Center

Literacy, math, and High School Equivalency Test (HiSET) or GED prep

1 Ferncroft Road

Danvers MA 01923

978-762-4000 |

<https://www.northshore.edu/adult-learning/>

North Shore Community Development Coalition

English classes, Tax Preparation, Employment Assistance, housing stability support,

102 Lafayette Street

Salem MA 01970

978-745-8071 |

<http://northshorecdc.org/programs/community-engagement/>

Action, Inc.

Adult and Youth education programs, career services, and job training programs.

180 Main Street

Gloucester MA 01930

978-282-1000 | <https://actioninc.org/>

Community Service of Newburyport

Economic assistance

31 Green Street

Newburyport MA 01950

978-465-7562 |

<https://www.communityserviceofnewburyport.com/>

Pettengill House

Housing, utility, medical, transportation, basic needs, social/emotional, and recreational/educational programs.

21 Water Street, Suite 4A

Amesbury, MA 01913

978-463-8801 | <https://pettingillhouse.org/home.aspx>

Department of Transitional Assistance

Cash benefit assistance and employment support.

45 Congress Street Suite 201

Salem MA 01970

(978) 825-7300|

<https://www.mass.gov/orgs/department-of-transitional-assistance>

HOUSING & UTILITIES RESOURCES

Rowley Housing Authority

Apartments for elderly individuals and families

Plantation Drive

Rowley MA 01969

978-948-2371 | <https://rowleyhousing.org/>

Hamilton Housing Authority

Affordable housing for seniors, disabled individuals and families.

121 Railroad Avenue

South Hamilton MA 01982

978-468-3981 |

<https://www.hamiltonma.gov/government/hamilton-affordable-housing-trust/>

Essex Housing Authority

Affordable rental housing units and rental subsidies

30 Martin Street

Essex MA 01929

(978) 768-6821 | <https://www.essexma.org/housing-authority>

Ipswich Council on Aging

Fuel assistance and small home repair programs

25 Green Street

Ipswich MA 01938

978-356-6650 | <https://www.ipswichma.gov/335/Council-on-Aging>

Topsfield Housing Authority

Housing complex for the elderly or disabled

69 Washington Street

Topsfield MA 01983

978-887-8407 | <https://www.topsfield-ma.gov/housing-authority>

Wenham Housing Authority

Housing assistance for elderly or disabled residents

Larch Lane

Wenham MA 01984

978-468-1532 | <http://wenhamhousingauthority.com/>

Manchester-by-the-Sea Affordable Housing Trust

Affordable housing options for low to moderate income households.

P.O. Box 608

Manchester-by-the-Sea MA 01944

978-525-6436 |

<http://www.manchester.ma.us/523/Affordable-Housing-Trust>

Beverly Bootstraps

Housing, heating, and utilities assistance

35 Park Street

Beverly MA 01915

978-927-1561 | <https://www.beverlybootstraps.org/>

Action, Inc.

Housing assistance, emergency shelter, fuel assistance, and energy efficiency programs.

Gloucester MA 01930

978-282-1000 | <https://actioninc.org/>

Family Promise North Shore Boston

Assistance with maintaining housing, securing housing, applying for emergency shelter.

330 Rantoul Street

Beverly MA 01915

978-922-0787 | <https://www.familypromisensb.org/>