

## Mental Health & Substance Use Disorder Resources

### **Beth Israel Lahey Health Behavioral Services**

*Inpatient and outpatient mental health & substance use services; family services; home and school-based programs*

199 Rosewood Drive, Suite 250

Danvers, MA 01923

978.968.1700 | <http://www.nebhealth.org/>

### **Health Care Resource Centers**

*Substance use services (counseling and medication based)*

172 Newbury Street

Peabody MA 01960

978-535-9190 | <https://www.hcrcenters.com/>

### **Family Continuity**

*Family/Community Based Services; outpatient mental health & substance use services; Children's Behavioral Health Services*

360 Merrimack Street Building 9, 3rd Floor Lawrence  
MA 01843

978.687.1617 | <https://www.familycontinuity.org/>

24/7 Hotline: 866-219-3320

### **Catholic Charitable Bureau of the Archdiocese of Boston, Inc. - Catholic Charities North**

*Family counseling; dual diagnosis treatment (mental health and addiction); mental health & substance use services; anger management; adolescent services*

280 Washington Street

Salem MA 01970

978-740-6923 | <https://www.ccab.org/>

### **Northshore Medical Center**

*Adult and child outpatient mental health & substance use services*

57 Highland Ave

Salem MA 01970

978.825.6620 | <https://nsmc.partners.org/psychiatry>

### **Northshore Community Health, Inc.**

*Behavioral health, including outpatient medication-based opioid treatment.*

47 Congress Street

Salem MA 01970

(978) 744-8388 | <https://www.nschl.org/salem-family-health-center-designated-as-pcmh-prime-certified/>

### **Spectrum Health Systems, Inc.**

*Addiction treatment, inpatient detox, residential rehab, outpatient medication assisted addiction treatment, counseling, peer support*

184 Broadway Suites 17 & 18

Saugus MA 01906

781-233-1095 | <https://www.spectrumhealthsystems.org/>

### **South Bay Community Services**

*Mental health and addiction counseling, autism, children's behavioral health*

181 Union Street Suite J

Lynn MA 01902

781-244-1950 | <https://southbaycommunityservices.com/>

### **Lynn Community Health Center**

*Mental health and addiction services including medication-based addiction treatment*

269 Union Street

Lynn MA 01905

781-581-3900 | <https://www.lchcnet.org/>

### **Oxford House Sober Living**

*Residential home for substance use disorder recovery*

181 North Common Street

Lynn MA 01905

781-596-9666 | <https://oxfordhouse.org/>

## FOOD RESOURCES

### **Department of Transitional Assistance**

*Nutritional assistance benefits*

45 Congress Street Suite 201

Salem MA 01970

877-382-2363 | <https://www.mass.gov/orgs/department-of-transitional-assistance>

### **Citizens Inn – Haven for Hunger**

*Food Pantry and Community Meals program*

71 Wallis Street

Peabody MA 01960

877-382-2363 | <https://www.citizensinn.org/>

### **Good Hope, Inc.**

*Food pantry*

47 Grove Street

Lynnfield MA 01940

781-592-4722 | <http://goodhopeinc.org/good-hope-foods.html>

### **People to People Food Pantry**

*Food Pantry*

12 Sylvan Street

Danvers MA 01923

978-739-4188 |

<https://www.danverscommunitycouncil.com/danvers-people-to-people-food-pantry>

### **Danvers Council on Aging**

*Group and home delivered meals.*

25 Stone Street

Danvers MA 01923

978-762-0208 | <https://www.danversma.gov/dcoawelcome/>

### **North Shore Elder Services, Inc.**

*Group meals and meals delivered to homebound seniors*

300 Rosewood Drive Suite 200

Danvers MA 01923

978-750-4540 | <https://nselder.org/service-area/nutrition-programs-for-north-shore-elders/>

### **Lynnfield Council on Aging**

*Group meals and home delivered meals*

525 Salem Street

Lynnfield MA 01940

781-598-1078 | <http://www.town.lynnfield.ma.us/council-aging>

### **Peabody Council on Aging**

*Hot meals*

79 Central Street

Peabody MA 01961

978-531-2254 | <http://www.peabodycoa.org/>

### **Salem Council on Aging**

*Group and home delivered meals.*

5 Broad Street

Salem MA 01970

978-744-0924 | <https://www.salem.com/council-aging>

### **Food for the World**

*Food pantries at various locations in Lawrence and Salem*

8 North St.

Salem MA 01970

(978) 683-9949 |

<http://www.foodfortheworld.org/pantry.html>

## SEXUAL AND DOMESTIC VIOLENCE RESOURCES

### **Healing Abuse Working for Change**

*Intimate partner violence services & 24-hour hotline; short term shelter*

27 Congress Street  
Salem MA 01971  
800-547-1649 | <https://hawcdv.org/get-help-now/services/>

### **YWCA**

*Domestic violence and rape crisis services; emergency shelter.*

20 Central Avenue, Suite 510  
Lynn MA 01901  
877-509-9922 | <https://ywcaverhill.org/programs-services/womens-services/overview-ws-2/>

### **Harbor Communities Overcoming Violence**

*24-hour hotline, case management and group support; emergency housing*

P.O. Box 505754  
Chelsea MA 02150  
617-884-9909 | <https://harborcov.org/>

### **Respond, Inc.**

*Individual and group counseling for women and children*

P.O. Box 555  
Somerville MA 02143  
877-785-2020 | <https://www.respondinc.org/>

### **Saheli**

*Support for South Asian adults and children*

P.O. Box 1345  
Burlington MA 01803  
866-472-4354 | <https://saheliboston.org/services/>

### **Riverside Community Care**

*Individual and family therapy, parenting education, advocacy services, and risk assessment and safety planning.*

117 Summer Street  
Somerville, MA 02143  
617-354-2275 | <https://www.riversidecc.org/services-for-communities/domestic-violence-services-2/>

### **Emerge**

*Counseling and education for men to stop domestic violence.*

2464 Massachusetts Avenue Suite 101  
Cambridge MA 02140  
617-547-0904 | <https://www.emergedv.com/>

### **The Network / La Red**

*Support groups for lesbian, gay, bisexual, queer and transgender individuals*

P.O. Box 6011  
Boston MA 02114  
617-695-0877 | <https://www.tnlr.org/en/support-groups/>

### **Victim Rights Law Center**

*Legal assistance to sexual assault survivors*

115 Broad Street 3rd Floor  
Boston MA 02110  
877-758-8132 | <https://www.victimrights.org/resources-survivors>

## TRANSPORTATION RESOURCES

### **Department of Developmental Services**

*Disability-related transportation.*

450 Maple Street Danvers MA 01937

978-774-5000 | <https://www.mass.gov/orgs/department-of-developmental-services>

### **Mystic Valley Elder Services**

*TRIP Metro North transport services for elderly or disabled adults*

300 Commercial Street #19

Malden MA 02148

781-324-7705 |

<https://www.mves.org/services/transportation/>

### **Soldier's Home**

*Disability-related transportation for veterans.*

91 Crest Avenue Chelsea MA 02150

617-884-5660 | <https://www.mass.gov/orgs/soldiers-home-in-chelsea>

### **SCM Community Transportation**

*Door2Door transportation services for elderly and disabled adults*

167 Holland Street

Somerville MA 02144

617-625-1191 | <http://scmtransportation.org/>

### **US Department of Veteran Affairs**

*Reimbursements for mileage costs, special transportation modes, or hired cars to access medical care*

J.F.K. Federal Building 14 Floor

Boston MA 02114

978-469-6878 | <https://www.va.gov/healthbenefits/access/>

### **Massachusetts Bay Transit Authority (MBTA) – The Ride**

*Door-to-door, shared-ride transportation to individuals with temporary or permanent disability*

10 Park Plaza Boston MA 02116

617-337-2727 | <https://www.mbta.com/accessibility/the-ride>

## INCOME ASSISTANCE, WORK, EDUCATION RESOURCES

### **North Shore Community Action Programs**

*English classes*

119 Rear Foster Street Building 13

Peabody MA 01960

978-531-0767 | <https://www.nscap.org/our-programs/adult-education/>

### **Catholic Charitable Bureau of the Archdiocese of Boston, Inc.**

*Adult and Youth English and GED programs*

152 Sylvan Street

Danvers MA 01923

978-774-6820 | <https://www.ccab.org/>

### **North Shore Educational Opportunity Center**

*Literacy, math, and High School Equivalency courses*

1 Ferncroft Road

Danvers MA 01923

978-762-4000 | <https://www.northshore.edu/>

### **MassHire - North Shore Career Center**

*Job listings, job matching, referral to educational opportunities and job training programs*

70 Washington Street

Salem MA 01970

978-825-7200 | <https://masshire-nscareers.org/>

### **Department of Transitional Assistance**

*Cash benefit assistance and employment support.*

45 Congress Street Suite 201

Salem MA 01970

978-825-7300 |

<https://www.mass.gov/orgs/department-of-transitional-assistance> **Triangle, Inc.**

*Career services and workforce development.*

142 Canal Street

Salem MA 01970

978-232-3933 | <https://triangle-inc.org/>

### **North Shore Community Development Coalition**

*English as Second Language Classes, Tax Preparation, Employment Assistance, housing stability support*

102 Lafayette Street

Salem MA 01970

978-745-8071 |

<http://northshorecdc.org/programs/community-engagement/>

### **Pathways, Inc.**

*English classes, Adult Basis Education, Spanish HiSET-advanced Family Literacy, career services*

330 Lynnway Suite 302

Lynn MA 01902

781-599-8543 | <https://www.pathwayslynn.org/>

### **Beverly Bootstraps**

*Adult and youth education and job skills programs*

35 Park Street

Beverly MA 01915

Main Office: 978-927-1561 |

<https://www.beverlybootstraps.org/>

### **English at Large – Career Access Lab**

*Individual career assessment and 15-week Career Group Program to support immigrants with job searches*

800 West Cummings Park Suite 5550

Woburn MA 01801

781-395-2374 | <http://www.englishatlarge.org/>

## HOUSING & UTILITY SERVICES

### **Citizens Inn**

*Emergency shelter, sober living transitional shelter*

81 Main Street  
Peabody, MA 01960  
978-531-9775 | <https://www.citizensinn.org/>

### **North Shore Community Action Programs**

*Energy services, fuel assistance, housing and homelessness prevention services.*

119 Rear Foster Street Building 13  
Peabody MA 01960  
978-531-0767 | <https://www.nscap.org/>

### **Danvers Housing Authority**

*Subsidized residential and group housing*

14 Stone Street  
Danvers MA 01923  
978-777-0909 | <https://danvershousing.org/>

### **Peabody Housing Authority**

*Subsidized housing*

75 Central Street  
Peabody MA 01960  
978-531-1938 | <http://www.peabodyhousing.org/>

### **Lynnfield Housing Authority**

*Subsidized housing*

600 Ross Drive  
Lynnfield MA 01940  
781-581-5783 |  
<http://www.town.lynnfield.ma.us/lynnfield-housing-authority>

### **North Shore Community Development Coalition**

*Family and aging-out foster youth housing support*

96 Lafayette St., 2nd Floor  
Salem, MA 01970  
(978) 745-8071 | <http://northshorecdc.org/>

### **Salvation Army of Massachusetts - North Shore Community Corps**

*Heating fuel, electric and gas bill payment assistance.*

93 North Street  
Salem MA 01970  
978-744-5181 |  
<https://massachusetts.salvationarmy.org/MA/NorthShore>

### **Lifebridge North Shore**

*Homeless shelters in Salem and Beverly.*

56 Margin Street  
Salem MA 01970  
978-744-0500 | <https://lifebridgenorthshore.org/>

### **Plummer Youth Promise**

*Housing support for youth*

37 Winter Island Road  
Salem MA 01970  
978-744-1099 |  
<https://plummeryouthpromise.org/our-programs/residential-program/community-apartments/>

### **Salem Housing Authority**

*Subsidized elderly, family, and handicapped public housing*

27 Charter Street  
Salem MA 01970  
978-744-4431 | <https://salemha.org>