



**Care Coordination: Focus on Transitional Age Youth Services
AGENDA**

September 22, 2020

10:00 AM – Noon

Topic	Discussion Leader	Time	Time
<p><u>Welcome and Preparation for today!</u></p> <ul style="list-style-type: none"> • Discussion current challenges and use of chat • Review Training Goals: <ul style="list-style-type: none"> ○ Increase navigation skills in connecting to resources to meet member goals ○ Enhance coordination with state agencies on behalf of members ○ Enhance understanding of eligibility and transition to state agency adult services ○ Increase understanding of key transition milestones to support individuals and families navigate state agencies for transitional age youth 	Lisa McGlinchy & BAP Team	15 minutes	11:00
<u>Introductions</u>	All	5 minutes	10:15
<u>BAP presentation of challenging cases</u>	All	10 minutes	10:20 am
<p><u>Overview of Transitional Age Youth Services</u></p> <ul style="list-style-type: none"> • In preparing members for your agencies adult service system do you have a recommendation for care coordinators for <u>when</u> and <u>how</u> to support the transition? • What vocational and educational supports are available with your agency? 	<p><u>DDS</u> Victor Hernandez</p> <p><u>DMH</u> Patricia Cadet Kimberly Irving</p> <p><u>MRC</u> Anna Herrman Betty Maher Sowmya Sundararajan</p>	45 minutes	10:30
<p><u>Transitional Age Youth Services Roundtable Discussion</u></p> <p>Question for panelists:</p> <ol style="list-style-type: none"> 1. What are the major programs CP members may be involved in? 2. How can care coordinators best work and partner with your agency? 3. What are some of the common pitfalls, challenges? 	All	40 Minutes	11:15
<u>Wrap up</u>	Lisa McGlinchy	5 min	11:55



Challenge – Accessing Behavioral Supports from multi-payers

Demographics

Member is a 16 year old young male that has challenges with inappropriate behaviors as well as being aggressive with other children. Member was being evaluated for autism but has been diagnosed with an intellectual disability. Also, member had been diagnosed with ADD and ADHD as well according to his mother.

Identified goals/barriers:

- Connecting with BH for an ICC and TM for him in the home and to monitor him closely.
- Connect patient to Department of Mental Health (DMH) for additional resources.

Challenge with case:

Some of the agencies involved but not currently working on any identified goals with this member was DCF which posed a challenge at first because CC wasn't able to determine exactly what was being worked on by case manager and didn't want to duplicate services. Member's mom was unsure as well she just knew she was involved with them. CC was able to establish a connection with DCF and speak with the social worker that was the case manager for him, and we were able to have a conference and figure out what this family needed and begin to obtaining the resources.

Whether or not you're able to successfully help patient:

DCF is taking the lead with connecting with a BH provider for this member, member has been scheduled with ICC and TM for intake to being services successfully.

Any agencies/organizations involved with the case and associated challenges:

DCF, DMH

Transitional Age Youth Resources

DDS Resources

- Transition Information Every Family Needs to Know - This booklet is a tool, full of helpful resources and information you need to know. It outlines critical timelines, eligibility criteria, important linkages, pages of acronyms and much more. This guide helps to take the mystery out of the process.
 - English link - <https://www.mass.gov/doc/transition-information-fact-sheets-english/download>
 - Spanish link - <https://www.mass.gov/doc/spanish-version-19/download>
- Resource Guide for Autism Spectrum Disorder ages 14-22 - <https://www.mass.gov/lists/resource-guide-for-transition-aged-asd-youth>
- An Employment Planning Guide for Families of Young Adults with Intellectual Disabilities - <https://www.mass.gov/doc/school-days-to-pay-days/download>
- DDS Applications - <https://www.mass.gov/lists/dds-eligibility-forms>

DMH Resources

- Overview of Children Youth & Families - <https://www.mass.gov/service-details/dmh-child-youth-and-family-services-overview>
- DMH Young Adult Resource Guide (2011) - <https://www.mass.gov/media/1269226/download>
- DMH Application Instructions and Applications
 - Application Instructions (includes links to applications and privacy forms in multiple languages) - <https://www.mass.gov/how-to/apply-for-dmh-services>
- Links to Privacy Forms (multiple languages) - <https://www.mass.gov/lists/dmh-privacy-forms>

MRC Resources

- Transition Age - YouTube Videos
 - Transition Services at MRC - https://www.youtube.com/watch?v=hvRG_q4JTAM
 - MRC relationship with schools – <https://www.youtube.com/watch?v=sPlugPRczzA>
 - MRC Services for Students and Youth - https://www.youtube.com/watch?v=54eK_DsTuFk
 - Schools Connecting Kids to MRC- <https://www.youtube.com/watch?v=eKPO-3MNKl0>
- MRC Services for ages 14-22 which include eligibility details – www.mass.gov/service-details/mrc-services-for-students-and-youth



Massachusetts Rehabilitation Commission

Services for Transition Age Youth



MRC Mission

- ▶ The purpose of the Massachusetts Rehabilitation Commission is to provide comprehensive services to people with disabilities that will maximize their quality of life and economic self-sufficiency in the community.

- ▶ This is accomplished through multiple programs in the three service delivery areas:
 - ❖ Vocational Rehabilitation (Employment Services)
 - ❖ Disability Determination Services
 - ❖ Community Living Services

MRC Population

- MRC serves individuals with all types of disabilities.
- The services provided are based on the individual's needs rather than the disability.



Transition Services for Students & Youth

- **Vocational Rehabilitation (VR)**

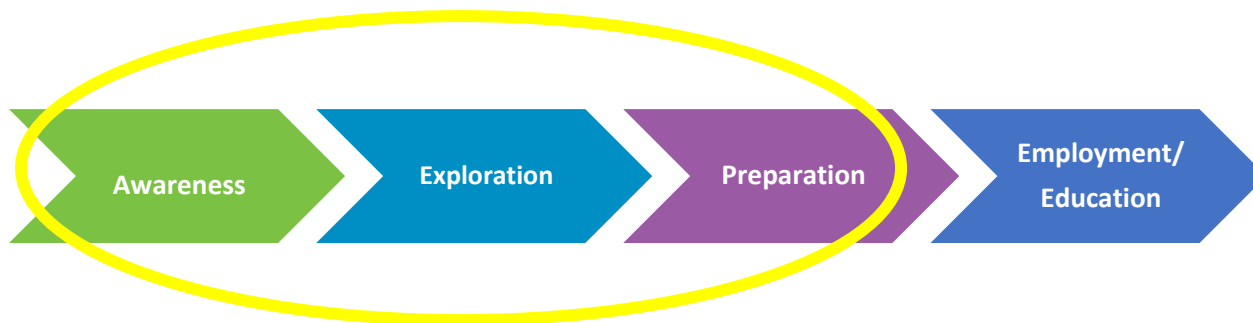
- ❖ Vocational Counseling and Guidance, Supports and Services
- ❖ Pre-Employment Transition Services for Eligible and Potentially Eligible Students for VR
- ❖ Student Benefits Counseling
- ❖ Job Placement assistance
- ❖ Job training
- ❖ Post-secondary education and training

- **Community Living**

- ❖ Supported Living Program
- ❖ Youth Leadership Forum/Youth Leadership Network
- ❖ Transition to Adulthood Program (TAP)
- ❖ Statewide Head Injury Program (SHIP)
- ❖ Chapter 688

Pre-Employment Transition Services Overview

- Students with disabilities aged 14 up to their 22nd birthday and (eligible for vocational rehabilitation and potentially eligible)
- Potentially eligible-student who is not seeking the full VR services, does not have to “apply” and be determined eligible, has to be able to document a disability, will receive only Pre-ETS services
- Strong focus on career preparation and soft skill development to support students for post-secondary success.



Pre-Employment Transition Services Overview

Five core components

Job Exploration Counseling

- Seminars or workshops on careers and required skills, career ladders and interest inventory

Workplace Readiness Training

- Development of transferable work skills which may include resume writing, interview skills and professionalism

Work-based Learning Experiences

- Opportunities to job shadow, complete informational interviews, volunteer opportunities, and internships

Counseling in Post-secondary or Training Programs

- Counseling and guidance about options upon exiting high school which may include academic or vocational programs

Self-advocacy and Peer Mentoring

- Peer mentoring, development of individual advocacy skills, and rights and responsibilities

Pre-Employment Transition Services Overview

- MRC, the school, or a student/family can connect a student to a qualified Pre-ETS provider.
- A student can choose to receive 1 or more of the 5 Pre-ETS services through a Pre-ETS provider.
- Services will be mostly in groups and individualized by a student's goals.

Vocational Rehabilitation Services for Students and Youth

- MRC's Vocational Rehabilitation services are recommended for referral when a student is within 2 years of exit from high school.
- VR services end with a goal of competitive integrated employment.
- There are 21 offices statewide but all services are currently delivered remotely.

Supported Living (ASL & T22)

WHAT IS SUPPORTED LIVING?

The Supported Living Program provides **ongoing** services for young adults graduating from high school or turning 22 years of age to live independently in the community.

The program is built on the independent living philosophy which empowers consumers to make their own decisions about their lives, based on informed choice.

FOR MORE INFORMATION GO TO:

[HTTPS://WWW.MASS.GOV/SERVICE-DETAILS/MRC-SUPPORTED-LIVING-PROGRAMS](https://www.mass.gov/service-details/mrc-supported-living-programs)

SERVICES INCLUDE:



- finding accessible housing
- managing:
 - PCA program
 - medication
 - health
 - finances
 - household
 - transportation
- requesting adaptive equipment
- accessing educational, vocational, social & recreational opportunities
- self-advocacy

Transition to Adulthood (TAP)



WHAT IS TAP?

Through Independent Living Centers, the TAP provides:

- skills training
- peer mentoring
- advocacy (individual & systems)

to support students to develop the skills to live independently in the community of their choice.

The year-around program builds self-confidence & resources to prepare students for life after high school.

- Ages 14-22
- FOR MORE INFORMATION GO TO: <https://ma-tap.net/wp/> or <https://www.masilc.org/findacenter>

Youth Leadership Forum (YLF)

- Free, three-day overnight conference, facilitated by **PYD** to promote self-advocacy, self-awareness and life/employment skills. Apply as a delegate (16-22) or peer leader (18-25).
- Workshops about: communication, teamwork, community service, disability rights/pride, career exploration, assistive technology, independent living, legislative advocacy, and community participation.
- YLF is held at the end of June @ Bridgewater State University. For more information go to: <https://www.pyd.org/programs/youth-leadership-forum/>

Youth Leadership Network (YLN)

- State-wide monthly meetings facilitated by **Easter Seals** to promote self-advocacy, self-awareness and life/employment skills for young adults ages 14-26.
- Hands-on groups/activities/discussions about communication, teamwork, community service, disability rights, career interests and employment skills.
- Meetings are held virtually every week on Tuesdays since COVID for anyone across the state.
- For more information go to: <http://www.easterseals.com/ma/our-programs/youth-services/youth-services.html>

Assistive Technology

- MassMATCH
 - Statewide program to help people learn about and access assistive technology
 - www.MassMATCH.org
 - Device demonstrations
 - Short-term/long-term device loans
 - AT Loan Program
 - www.massalternativefinance.org
 - Device exchange
 - www.getatstuff.massmatch.org/
 - Reutilization program: REquipment
 - www.dmerequipment.org
- Regional Assistive Technology services
 - Provides low and high tech assistive technology devices, training, and other supports to increase independence in life.
 - Financial eligibility requirements.

Statewide Head Injury Program (SHIP)

- Eligibility Criteria:
- Residents of Massachusetts (regardless of age) with:
 - ❖ A documented externally caused traumatic brain injury (TBI) and
 - ❖ Significant impairments of behavioral, cognitive and/or physical functioning resulting primarily from the externally caused TBI and
 - ❖ The individual must be able to demonstrate their ability and willingness to participate in community based services.

There is no financial eligibility criteria for SHIP

SHIP Services

Services included:

- Skills Training
- Residential Services
 - Shared Living
- Adult Companion
- Supported Employment
- Day Services
- Transportation (non medical)
- Assistive Technology
- Regional Service Centers
- Worcester Community Center (for any individual with Brain Injury)
- Social/Recreation Programs (for any individual with a Brain Injury)
- Respite Support
- Family Assistance Program
- Substance Abuse Services
- Technical Assistance regarding TBI

Chapter 688 Referral

- The primary goal of filing a Chapter 688 referral is to plan for needed adult services for students with severe disabilities.
- Only the Local Education Agency (LEA) can make a Ch. 688 referral
- Referrals are made electronically via Virtual Gateway
- Referrals are made to ONE state adult disability agency (DDS, DMH, MRC, MCB, or MCDHH) OR DCF to take LEAD
- All Ch. 688 referrals must be approved the SPED Director or his Designee
- Ch. 688 referrals are discussed at a students IEP

Resources

- **MRC** | www.mass.gov/orgs/massachusetts-rehabilitation-commission
- **MassMATCH** | www.massmatch.org
- **Assistive Technology Regional Centers** | www.massmatch.org/inventory
- **Assistive Technology Loan Program** | www.massalternativefinance.org
- **REquipment** | www.dmerequipment.org
- **Assistive Technology Exchange** | www.getatstuff.massmatch.org/
- **Independent Living Centers** | www.masilc.org
- **TAP Programs** | www.ma-tap.net
- For more questions:
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